

# **THE ART & SCIENCE OF COACHING**

## **SOME COMMENTS and TESTIMONIALS**

- The refresher was most useful. Integrating the processes will sharpen my coaching tremendously. I would thoroughly recommend this course.  
Christie Rainbird  
London, UK
- Most useful was having a complete framework for coaching after this module that I can build on in future modules.  
Debbie Moore
- The shift between theory sessions and practice felt right in time and amount. Ideas, theories, knowledge presented were very exciting and interesting.  
Lisbeth Holmerland  
Bjerebakken, Norway
- Brilliant combination of visionary elder, deep experience and academic knowledge and passionate facilitation and training.  
Nora Schawlann  
Energaugt
- It was very practical oriented – and very result oriented. The theory, the practice – mix worked very well.  
Ellen Gerde
- This has been very enriching for me. I've learned more deeply, perspectives I have focused on in my life. Very good to also learn effective techniques. Marilyn – Thank you! Your spirit has made a good atmosphere.  
Unni Aadne  
Sandefjord, Norway

- I thoroughly enjoyed the course and learned a lot of information (useful) and I also learned a lot about myself.

Lone Jensen  
Calgary, AB  
Canada

- The course material and presentation was excellent. Marilyn really made this course work.

Rob Gran  
Calgary, AB  
Canada

- Affirmed my intuitive development of tools. Gave me a great structure and understanding of how things link together.

Mark  
Calgary, AB  
Canada

- Marilyn brings a wealth of knowledge and experience to the course. Giving examples and demos made it “real” for me.

Erika Demes  
Calgary, AB  
Canada

- The course process was terrific.

Rodney Gietz  
Edmonton, AB  
Canada

- Excellent! Exciting! Has motivated me to move forward – in coaching and in many areas of my life – Thank you!

Tina Willard-Stepan  
Calgary, AB  
Canada

- I really like the experiential – hands on learning – honing skills as you go.

Penny Brandt  
Surrey, BC  
Canada

- Presented another way of understanding what we do as coaches in a theoretical and practical framework that honors and celebrates who we each are. I received much more than I expected.

Lynn Meinke  
Chester, PA USA

- Marilyn – you are my heroine!  
This course gave me the science behind what I've been doing intuitively for 10 years and tools and permission to go to the next level fearlessly on behalf of my clients.

Leslie Messman  
Denver, CO USA

- Feel blessed to have participated – grateful for the deep spiritual orientation.

Maryann Thorhallsson  
Edgewater, FL USA

- Thank you Marilyn! You are a gift to all of us!

Dr. Suzanne De Benedittis  
Culver City, CA USA

- Marilyn is Brilliant! Marilyn is one of the best Coaching trainers alive today!

Thom Hartmann  
Montreitor, VT USA

- Very good course and excellent teacher.

Odd-Petter Fylling  
Norway

- Excellent course. Very well designed. Powerful instructors. Great material. So thankful for making the choice to come to the course.

Joshua South  
Calgary, AB

- I left the office on Thursday afternoon and told my co-workers I was off the start the first day of the rest of my life. Boy, was I right!

Orest Zwozdesky  
Calgary, AB

- Great 4 days with lots of opportunity of begin integration and a safety to ask questions and take risks.

Janie Hutchings

- Great tools to use as a coach; good practice sessions. Great tools for enhancing vision and allowing the wise critic to come through.

Paula Santos

- Very informative practical, applicable yet spiritual and grounding. Created clear vision, goals and how to's for personal and business.

Brenda Page

- I like how it is designed to have us coaching right from the beginning. It is very useful to see the different stages while learning the coaching process.

Carla Masse

Pitt Meadows, British Columbia  
Canada

- So motivational and inspirational. An amazing learning opportunity. Wonderful people.

Andrea Ferguson

Surrey, British Columbia  
Canada

- The integration of the many psychological theories and ideas into practical positively focused applications for human and business development, truly illustrates the commitment and brilliance of Marilyn's life work. "GOLD absolute GOLD."

David Vickars

Burnaby, British Columbia  
Canada

- The Art and Science of Coaching is not just a coaching training program. It's an excellent set of skills that will definitely change the life of anyone who takes this program. Using these skills, they can only find success when striving to reach any aim, be it business, relationship, career, fitness, wellness, education, spirituality, etc. This course helped to set me more on track with my business plan and also assisted me to understand time management much better.

Dione Russell

Vancouver, British Columbia  
Canada

- As well done as Module 1; professional, well taught, well organized for learning. Good balance of theory and experiential.

Ann Vriak  
Vancouver, British Columbia  
Canada

- It deepened my insight into coaching a lot.

C. Bronke  
Geulle, Netherlands

- The course leader is a Master and her brilliance as well as her authenticity shines.

Stacy Townsend  
Vancouver, BC Canada

- Love the flexibility and Marilyn's heart.

Steffany Hanlen  
Edmonton, AB Canada

- Really built my confidence as a coach. Practical info. Very good (building a practice, etc.) These exercises are amazing!!

Tina Willard-Stephan  
Calgary, AB Canada

- Really a solidifying process for me.

Rodney Gietz  
Edmonton, AB Canada

- Felt my momentum building – move excited – come out with realistic plan for practice building. Really like/love the experiential exercises.

Liz Westbury  
Calgary, AB Canada

- Provided more “tools”, deeper understanding and a great deal of motivation and enthusiasm for the profession.

Nancy Brennan  
Calgary, AB Canada

- Thank you Marilyn for your level of consistently, high energy.

Rebecca Mitchell  
Calgary, AB Canada

- Captivating experience.

Lynn Ehrman  
Edmonton, AB Canada

- So mind expanding. Eager to apply and experience the sharing of these exercises with people outside the class participants. Quite profound experiencing the exercises which increase space and energy.

Carol Schmick  
Cochrane, AB Canada

- The models are excellent. I feel I understand them. I hope I am able to more effectively integrate them into my practice.

Dienna Raye

- Awesome coaching leadership!

Rick Sayers  
West Vancouver, BC Canada

- Excellent – worth far more than its price – and thank you for making it affordable to so many.

Sharon Wehner  
Vancouver, BC Canada

- Really wonderful course. I feel confident that I have all the tools to be a great coach and am excited to be as well equipped as possible to make a difference in the world.

Krista Smith  
Canada

- Incredible learning! Extremely useful in terms of personal growth. Helped me to feel I could sort it out.

Anthony Choice  
Portland, OR USA

- Fantastic excellent experience. It was accessible in terms of time and resource commitment. Just what I wanted to help validate my desire to be able to say to people, yes I have skills in this area.

Stephen Ratcliffe  
Vancouver, BC Canada

- This course goes way beyond what I expected. The style of teaching made learning easy and benefits maximum. I won't change a thing.

Gwenyth Windsor  
Victoria, BC Canada

- Appreciated very much the unique and balanced approach to instruction. Enjoyed going with the flow.

Leah Hansel  
Vancouver, BC Canada

- This has been absolutely fabulous – I learned so much more than I expected and I am putting it into practice already in coaching and in my own life.

Susan Cathcart  
North Vancouver, BC Canada

- It far surpassed my expectations. The method of learning with theory, demo, and practice for each section is an excellent format.

Jull Ineson  
Vancouver, BC Canada

- Course is excellent. Marilyn's expertise and encouragement to 'Ready, Fire, Aim' – taught me a better model for learning that I can apply to many areas of life.

Suzanne Thibodeau  
Victoria, BC Canada

- This was like a user's manual for life.

Meredith Laycock  
Vancouver, BC Canada

- Excellent! Awesome! I'm looking forward to the next level of practice.

Carolyn Field  
Vancouver, BC Canada

- This course has changed my life. It has given me powerful tools I can use on myself and in my relationships.

John Waye  
Vancouver, BC Canada

- I cannot say enough about this program. Marilyn and this incredible community of coaches! The material, especially the experiential nature of it, was incredibly valuable in learning these skills.

Sonja Reisdorf  
Vancouver, BC Canada

- The atmosphere was one of the most supportive and safe I have experienced. It provided an environment for opening and moving through apprehension to potential realized that was superb.

Blake Wright  
Victoria, BC Canada

- Well above my expectations. Worth it! Very well organized, relevant and truly TRANSFORMATIONAL. Thank you!

Cheryl Hughes  
Surrey, BC Canada

- I could only have imagined such a course in existence. It has exceeded even my own (high) expectations!

Dr. R. Gupta  
Vancouver, BC Canada

- Incredible, incredible, incredible, content. Very valuable insights, skills, approaches. I am so so excited about this material. The whole course is a most amazing gift to myself personally and the world!

Stacy Louie  
Vancouver, BC Canada

- Absolutely fabulous techniques for getting to the core quickly. Can't wait to start using them in a coaching career.

H. Hamilton-Wright  
Vancouver, BC Canada

- This course was very refreshing and empowering.

Lisa Venafro  
Burnaby, BC Canada

- I felt the course flow had great exercises. I got what I came for and more.

Shirley Catanzaro  
Scottsdale, AZ USA

- Provided coherent theory and practice bases; organized my thinking, provided powerful tools and helped to move me toward becoming more of who I can be!

Peggy Gilmer  
Enumclaw, WA USA

- Marilyn is such a marvelous presenter – a blend of softness and order and a well spring of knowledge, with humor and lightness.

Jeanne Hernandez

Durham, NC USA

- Wonderful, wonderful new coaching skills/tools. Thank you.  
Carmen Luevane  
Fort Collins Colo. USA
- Wonderful, content – The expertise of instruction was great! Kept me engaged, kept my interest.

Louise Hartmann  
Montpelier, VT USA